

GOBIND MARG

**THE MONTHLY BULLETIN OF
GURDWARA SRI GURU SINGH SABHA – HOUNSLOW**

MARCH 2020 – VOL XXVII

ISSUE 3



**The origin of Gatka lies in the Hola Mohalla
initiated by Guru Gobind Singh ji**





ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ ॥



One Universal Creator God, Realised By the Grace of [The True Guru]

**Monday - Saturday
(Excluding Tuesdays)**

AM

4.00	Parkash
5.00	Nitnem
6.00	Simran
6.30	Asa-Di-Vaar
7.45	Ardass
10.00	Kirtan
10.45	Katha
11.30	Ardass

PM

6.00	Rehraas
6.30	Kirtan
7.00	Katha
7.30	Ardass
8.00	Sukhasan

Sundays Only

4.00	Parkash
5.00	Nitnem
6.00	Simran
6.30	Asa-Di-Vaar
7.45	Ardass
8.00	Akhand Paath or Sehaj Paath Bhog or Sukhmani Sahib
9.00	Kirtan
9.45	Ardass
10.00	Youth Kirtan
11.00	Kirtan

PM

Tuesdays Only

4.00	Parkash
5.00	Nitnem
6.00	Simran
6.30	Asa-Di-Vaar
7.45	Ardass
10.00	Kirtan
10.30	Katha
11.00	Sukhmani Paath

PM

12.00	Katha
1.00	Kirtan
2.00	Ardass
6.00	Rehraas
6.30	Kirtan
7.00	Katha
7.30	Ardass
8.00	Sukhasan

PM

12.15	Ladies Kirtan
2.00	Ardass
6.00	Rehraas
6.30	Kirtan
7.00	Katha
7.30	Ardass
8.00	Sukhasan

NOTE

Occasionally, at very short notice, circumstances may require varying from the above published times.



ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦ



GURDWARA SRI GURU SINGH SABHA

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Registered as a place of worship under the Worship Registration Act 1855

No. on Register 75990

Registered Charity No. 83314

Inland Revenue Ref. CC 15570

March 2020

Dates as per Nanak Shahi Calendar

Important Days	Event/ Guru Sahib	Day
Pooranmashi	Full Moon	9 March
Sangrand	Beginning of New Month	14 March
Massia	No Moon (Dark Night)	24 March
Hola Mohalla		10 March
Joti Jote	Guru Hargobind Sahib	19 March

Activities, Facilities and Education Classes

Event	Days and Time	Location
Computer Training	Monday - Friday 10am - 1:00pm	Library First Floor, New Building
Disability Network Hounslow Surgery	Friday (Closed on Bank Holidays) 11am - 3pm	Ground Floor, New Building
English for Adults (ESOL)	Tuesday & Wednesday 10:00am - 12:10pm	First Floor, New Building
Exhibition - Guru Nanak Dev ji	Sunday 11am-2pm (Other days on request)	Exhibition Room First Floor, New Building
Fitness Classes	Thursday & Friday 9:30am - 11:00am	Second Floor, Main building
Flower Arrangement (by Taran Vernon)	First Thursday of every month 10am - 12pm	(Please contact Taran on 07446 600055)
Gurdwara Healthy Walks	Thursday 10am - 12pm	(Please contact Main Office)
Gurbani Reflection Group	Sunday 10:00am - 11:00am	Second Floor, Main building
Gurdwara Well Being Centre	Sunday 11:00am – 2:00pm	Ground Floor, Main Building
Immigration Advisory Surgery	Tuesday 10:30am - 3:30pm	Ground Floor, New Building
Kiddie Sangat Under 4 year Play Group	Every other Thursday 10:00am - 11:30am	Second Floor, Main building
Kids Story Time	Sunday 12:45pm (Term Time)	Library First Floor, New Building
Kirtan Classes	Tuesday (Adults only) 10:00am - 12:00pm	First Floor, New Building Classrooms
	Thursday (Children) 5:00pm to 6:45pm	Second Floor, Main building
	Friday (Children) 4:30pm - 6:30pm	First Floor, New Building Classrooms
Library	Every Sunday and Tuesday 10am-3pm	First Floor, New Building
Martial Arts - Gatka (Sikh)	Thursday 6:00am - 8:00pm	Ground Floor, New Building
Martial Arts - Taekwondo (Korean)	Saturday 4:30am - 6:30pm	Ground Floor, New Building
Member of Parliament – Advice Surgery	First Monday of every month 10am - 11am	(Please confirm the day with Main Office)

Event	Days and Time	Location
Miri Piri Class 4 - 6 years	Sunday 1:00pm - 2:00pm	First Floor, New Building
Panjabi 'A' Level	Sunday 9:00 - 11:00am	Library New Building
Panjabi Regular Classes	Tuesday 6:00pm - 7:30pm	First Floor, New Building
	Sunday First Session 9:30 - 11:00am	First Floor, New Building
	Sunday Second Session 11:15am - 12:45pm	First Floor, New Building
Panjabi GCSE	Sunday 11:00 - 1:00pm	First Floor, New Building
Panjabi for Adults	Friday 6:00 - 7:30pm	First Floor, New Building
Sikh Drama Club	Monday 6:00pm - 7:30pm	First Floor, New Building Classrooms (with Arjan S Rai)
Sri Guru Granth Sahib Santhya Classes	Monday (Mainly Adults) 5:00pm - 6:00pm	Second Floor, Main building
	Tuesday (Mainly Adults) 5:00pm - 6:00pm	Second Floor, Main building
	Tuesday (Youth & Adults) 6:30pm – 7:30pm	Second Floor, Main building
	Wednesday (Youth only) 5:00pm - 6:00pm	Second Floor, Main building
Youth Kirtan Darbar	Sunday 1, 8, 15, 22, 29 March 10am -11am	Darbar Hall, Main Building

Notes

- Children joining any of the classes must be at least 6 years of age (except Sunday religious classes for 4 to 6 years old)
- Enrolment must be by the teacher responsible for the class. Details of teachers are available in the Education Office (First Floor, New Building)
- ESOL is being provided in partnership with the West Thames College, Isleworth.

General Secretary's Report

The last four weeks have seen some dreary weather but the Gurdwara has been kept very busy. Although this is not the marriage season, as we call the winter, both the halls were fully booked for other functions.



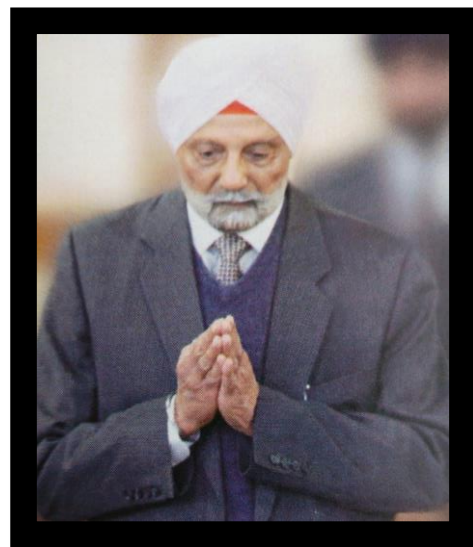
One of the highlights this month was the visit by the honourable Member of Parliament for Slough, Mr Tanmanjit Singh Dhesi. He paid a glowing tribute to the Management Committee and the Sangat here for the peaceful and harmonious manner in which they elect the Management Committees of very high calibre, imbued with the spirit of sewa. He said that the Gurdwara enjoys very high reputation and is the envy of one and all for the meritorious manner in which it is run. Much to our pleasure he also told us that he would try to take up the case of the vacant plot of land adjoining the Gurdwara, which we use as a parking space. For the benefit of the readers who are not aware, we may state that this land belongs to the Council and has been earmarked for a school for the handicapped. It could be taken back from us at any moment and if this happens the Gurdwara will undoubtedly suffer a serious setback.

Monday 3rd February brought shocking news for all of us. Mr Jagjit Singh Grewal, who was the Head of our Matrimonial Service, passed away unexpectedly after a brief illness. He was always a popular, well-liked figure who had rendered a highly meritorious and commendable service to the Sangat for a very long time. He leaves behind a gap which will be difficult to fill. Our deepest of sympathies for the family. May Waheguru grant his soul eternal peace and give strength to the family to bear the loss!

An obituary in Panjabi appears below.

ਸ: ਜਗਜੀਤ ਸਿੰਘ ਜੀ ਗਰੇਵਾਲ ਨਹੀਂ ਰਹੇ ।

ਦੁਖੀ ਹਿਰਦੇ ਨਾਲ ਸੰਗਤ ਨੂੰ ਸੂਚਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕੇ ਗੁਰੂ ਘਰ ਦੇ ਅਣਥੱਕ ਸੇਵਾਦਾਰ ਸ: ਜਗਜੀਤ ਸਿੰਘ ਗ੍ਰੇਵਾਲ ਥੋੜ੍ਹੇ ਦਿਨਾਂ ਦੀ ਬਿਮਾਰੀ ਉਪ੍ਰੰਤ ੩ ਫਰਵਰੀ ੨੦੨੦ ਨੂੰ ਸੁਵਰਗ ਸਧਾਰ ਗਏ ਹਨ । ੧੩ ਫਰਵਰੀ ਵੀਰਵਾਰ ਅੰਤਮ ਸੰਸਕਾਰ ਉਪ੍ਰੰਤ ਗੁਰੂ ਘਰ ਉਹਨਾਂ ਨਮਿੱਤ ਰੱਖੇ ਸਹਿਜ ਪਾਠ ਦੇ ਭੋਗ ਪਏ ਤੇ ਸ਼ਬਦ ਕੀਰਤਨ ਪਿੱਛੋਂ ਉਹਨਾਂ ਦੀ ਆਤਮਕ ਸ਼ਾਂਤੀ ਲਈ ਅਰਦਾਸ ਕੀਤੀ ਗਈ । ਗੁਰੂ ਘਰ ਦੀ ਸਮੂਹ ਸੰਗਤ, ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਤੇ ਸਾਰੇ ਸੇਵਾਦਾਰਾਂ ਵਲੋਂ ਗ੍ਰੇਵਾਲ ਪ੍ਰਵਾਰ ਨਾਲ ਅਫਸੋਸ ਤੇ ਹਮਦਰਦੀ ਪ੍ਰਗਟ ਕਰਦੇ ਹਾਂ ਤੇ ਵਾਹਿਗੁਰੂ ਜੀ ਦੇ ਚਰਨਾਂ ਵਿਚ ਅਰਦਾਸ ਕਰਦੇ ਹਾਂ ਕਿ ਪ੍ਰਮਾਤਮਾ ਉਹਨਾਂ ਦੀ ਆਤਮਾ ਨੂੰ ਸਦੀਵ ਸ਼ਾਂਤੀ ਬਖਸ਼ੇ ਤੇ ਪ੍ਰਵਾਰ ਨੂੰ ਭਾਣਾ ਮੰਨਣ ਦਾ ਬਲ ਬਖਸ਼ੇ ।



Tribute paid to Mr J S Grewal by his niece Gagandeep Kaur Gill

Seeing this amazing gathering shows just what Jagjit Singh Grewal meant to everyone.

Phupherji was one of the true reflections of what a good Human being should be. A true gentleman in every sense of the word, he believed in the philosophy of a healthy mind in a healthy body. A true representation of always keeping the body and spirit in balance. Throughout his life he was always immaculate. A keen sportsman, articulate, well mannered and calmness personified in every sense of the word.

An expert In History who used the methods of investigation that relied on facts to learn about people. He could identify characters and was excellent at reading people. Like a trusted historian he would look for solid evidence and reliable resources to find out the truth.

He would never dwell, never speak about past regrets. In fact he used his past experiences to help shape our modern society.

He was a walking encyclopedia of knowledge and his strong faith in Sikhi placed him in good stead throughout his years. Religion can sometimes turn people away from ordinary life to get closer to God. Phupherji was engaged with his family and friends, saw the light and oneness in everyone. He saw the best in all of us. He helped bring experiences of ancient wisdom to modern audiences, like a new bottle for old wine.

His thoughts and ideas were stimulating. He was innovative. A man that was always with the times. He was of the idea to talk through a problem.

Someone who had this charming presence, intellect and living in the present moment. Modern man suffers from the active mind, never has a moment to mediate and activate our true voice. We are constantly with running thoughts. Phupherji was one who lived truly in the moment, someone who listened and was in control of his thoughts.

He had such a part in the development of our lives, from running Sikh camps in Nairobi for infants, teaching/ mentoring and encouraging that everything is possible. No mountain is impossible to climb. In the sense of achievable feats he climbed Mount Kilimanjaro, met the Dalai Lama and shook hands with the queen!

But he never talked about his personal accolades.

He definitely had some past affinity with the Royal Family. His father had the privilege of meeting King George VI in 1937 and phupherji then followed in his footsteps by meeting HRH Queen Elizabeth.

His office door at the Hounslow gurdwara was always ajar, he had time for everyone. His personality personified the true representation of what seva is: Serving the collective consciousness. His dedication, in running the matrimonial service at the gurdwara was well renowned throughout the county. He played an active part in arranging numerous marriages.

He helped build relationships. He had a key role in ensuring that all of us three siblings are here today. Phupherji had a hand in introducing our parents back in 1969!

So alas when Yam Raj calls time to leave his earthly body and help connect with the loving Creator, phupherji would have felt a relief that he leaves behind an everlasting legacy, with no regrets. He saw how his wonderful wife, sons and beautiful grandchildren never left his side.

He could see how his key attributes of love, kindness, and appreciation shine in his grandchildren, the new generation. Both Preet and Simran absolutely reciprocated their love for their grandfather. Both dedicated their time to ensure they were by his side during his final days.

So this should be a celebration of the life and times of Sardar Jagjit Singh Grewal. We should be thankful of experiencing such an amazing gentleman. Deep within you was everything that is perfect. Ready to radiate through you were these attributes of love, kindness, patience and no ego. We should embrace his wonderful characteristics and always look to connect to our higher self.

Nothing can destroy your peace of mind because God goes with you wherever you go.

Waheguru ji ka Khalsa, Waheguru ji ki Fateh.

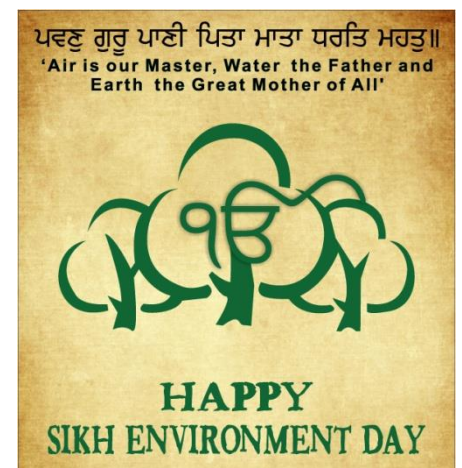
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Sikh Vatavaran Diwas (Sikh Environment Day)

On 14 March 2020 Sikhs worldwide will be celebrating the annual Sikh *Vatavaran Diwas*. This day marks the New Year in the Sikh calendar and the Gurugaddi divas of Guru Har Rai Ji, who is remembered in Sikh history for his deep sensitivity to nature and its preservation.

Our Punjabi School children will be celebrating by:

- 🏆 Learning Sakhis of Guru Har Rai Ji
- 🏆 Discussing the Guru Nanak Orchard
- 🏆 Discussing the need for our Gurdwara to recycle.



ਜਪੁਜੀ ਸਾਹਿਬ

ਆਖਣਿ ਜੇਰੁ ਚੁਪੈ ਨਹ ਜੇਰੁ ॥ ਜੇਰੁ ਨ ਮੰਗਣਿ ਦੇਣਿ ਨ ਜੇਰੁ ॥ ਜੇਰੁ ਨ ਜੀਵਣਿ ਮਰਣਿ ਨਹ ਜੇਰੁ ॥
ਜੇਰੁ ਨ ਰਾਜਿ ਮਾਲਿ ਮਨਿ ਸੇਰੁ ॥ ਜੇਰੁ ਨ ਸੁਰਤੀ ਗਿਆਨਿ ਵੀਚਾਰਿ ॥ ਜੇਰੁ ਨ ਜੁਗਤੀ ਛੁਟੈ ਸੰਸਾਰੁ ॥

ਜਿਸੁ ਹਥਿ ਜੇਰੁ ਕਰਿ ਵੇਖੈ ਸੋਇ ॥ ਨਾਨਕ ਉਤਮੁ ਨੀਚੁ ਨ ਕੋਇ ॥੩੩॥

ਬੋਲਣ ਵਿਚ ਤੇ ਚੁੱਪ ਰਹਿਣ ਵਿਚ ਭੀ ਸਾਡਾ ਕੋਈ ਜ਼ੋਰ ਨਹੀਂ ਹੈ। ਨਾ ਹੀ ਮੰਗਣ ਵਿਚ ਤੇ ਨਾ ਦੇਣ ਵਿਚ ਸਾਡੀ ਮਰਜ਼ੀ ਚਲਦੀ ਹੈ। ਜੀਵਨ ਤੇ ਮੌਤ ਤੇ ਸਾਡਾ ਕੋਈ ਅਖਤਿਆਰ ਨਹੀਂ। ਰਾਜ ਅਤੇ ਮਾਲ ਭੀ ਸਾਡੇ ਵੱਸ ਵਿਚ ਨਹੀਂ ਹੈ। ਆਤਮਿਕ ਜਾਗਰੂਕਤਾ, ਗਿਆਨ, ਵੀਚਾਰ ਹਾਸਲ ਕਰਨ ਦੀ ਜੁਗਤ ਤੇ ਸਾਡਾ ਕੋਈ ਜ਼ੋਰ ਨਹੀਂ ਹੈ। ਇਸ ਕਰਕੇ ਇਨਸਾਨ ਸਨਸਾਰੀ ਆਵਾਗਵਣ ਦੇ ਚੱਕਰ ਤੋਂ ਮੁਕਤੀ ਪ੍ਰਾਪਤ ਨਹੀਂ ਕਰ ਸਕਦਾ। ਨਾਨਕ ਜੀ ਅਨੁਸਾਰ ਕੋਈ ਜੀਵ ਵੱਡਾ ਜਾ ਛੋਟਾ ਨਹੀਂ ਹੈ ਕਿਉਂਕਿ ਮਾਲਕ ਹੀ ਸਭ ਨੂੰ ਸ਼ਕਤੀ ਤੇ ਵਡਿਆਈ ਬਖਸ਼ਦਾ ਹੈ।

To remain silent or speak is not in our power, nor is to beg or donate. It is beyond our control to be alive or to die, nor to acquire wealth or kingdom. Without His support, we can't meditate or discuss about divine knowledge, and we cannot be liberated from the cycle of life and death. He makes use of all His divine powers as per His Supreme Will. O Nanak there is no one big or small or high or low and the universe prevails as per His Divine Will.

ਰਾਤੀ ਰੁਤੀ ਥਿਤੀ ਵਾਰ ॥ ਪਵਣ ਪਾਣੀ ਅਗਨੀ ਪਾਤਾਲ ॥ ਤਿਸੁ ਵਿਚਿ ਧਰਤੀ ਥਾਪਿ ਰਖੀ ਧਰਮ ਸਾਲ ॥

ਤਿਸੁ ਵਿਚਿ ਜੀਅ ਜੁਗਤਿ ਕੇ ਰੰਗ ॥ ਤਿਨ ਕੇ ਨਾਮ ਅਨੇਕ ਅਨੰਤ ॥ ਕਰਮੀ ਕਰਮੀ ਹੋਇ ਵੀਚਾਰੁ ॥

ਸਚਾ ਆਪਿ ਸਚਾ ਦਰਬਾਰੁ ॥ ਤਿਥੈ ਸੋਹਨਿ ਪੰਚ ਪਰਵਾਣੁ ॥ ਨਦਰੀ ਕਰਮਿ ਪਵੈ ਨੀਸਾਣੁ ॥

ਕਚ ਪਕਾਈ ਓਥੈ ਪਾਇ ॥ ਨਾਨਕ ਗਇਆ ਜਾਪੈ ਜਾਇ ॥੩੪॥

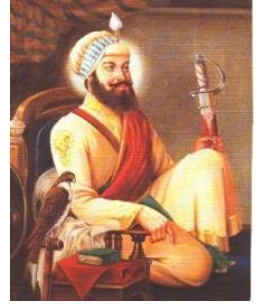
ਰਾਤਾਂ, ਰੁੱਤਾਂ, ਥਿੱਤਾਂ ਤੇ ਵਾਰ, ਹਵਾ, ਪਾਣੀ, ਅੱਗ ਅਤੇ ਪਾਤਾਲ - ਇਹਨਾਂ ਸਾਰਿਆਂ ਵਿਚਕਾਰ ਵਾਹਿਗੁਰੂ ਨੇ ਧਰਤੀ ਨੂੰ ਧਰਮ ਕਮਾਉਣ ਦਾ ਅਸਥਾਨ ਬਣਾ ਕੇ ਟਿਕਾ ਦਿੱਤਾ ਹੈ। ਧਰਤੀ ਤੇ ਕਈ ਪ੍ਰਕਾਰ ਦੇ ਜੀਵ ਵਸਦੇ ਹਨ। ਦਰਗਾਹ ਵਿਚ ਇਹਨਾਂ ਜੀਵਾਂ ਦੇ ਕੀਤੇ ਕਰਮਾਂ ਅਨੁਸਾਰ ਨਿਬੇੜਾ ਹੁੰਦਾ ਹੈ। ਵਾਹਿਗੁਰੂ ਆਪ ਤੇ ਉਸਦਾ ਦਰਬਾਰ ਸਬ ਸੱਚੇ ਹਨ। ਇਸ ਦਰਬਾਰ ਵਿਚ ਸੰਤ ਮਹਾਤਮਾ ਆਪਣੇ ਸ਼ੁਭ ਕਰਮਾ ਕਰਕੇ ਸ਼ੋਭਾ ਪਾਉਂਦੇ ਹਨ। ਹੇ ਨਾਨਕ, ਪ੍ਰਭੂ ਦੇ ਦਰਬਾਰ ਵਿਚ ਹਰ ਇਕ ਪ੍ਰਾਣੀ ਦੇ ਕਰਮਾ ਦੀ ਪਰਖ ਪੜਚੋਲ ਕੀਤੀ ਜਾਂਦੀ ਹੈ, ਤੇ ਸੱਚ ਅਤੇ ਝੂਠ ਦੀ ਪਹਿਚਾਣ ਹੁੰਦੀ ਹੈ।

God has created nights, days, seasons and days of the week. He has provided air, water, fire and the nether lands. Among all He established earth as a shrine to practice Truth and Virtue. He has created different kinds of creatures with various names, shapes, colours and habits. They are all judged by their deeds in the truthful court of True Lord.

Only the selected ones whom God has blessed and graced with His "Mark of Acceptance" will be honoured in His court. Good or bad, kind or evil, will be judged there O Nanak, true facts become known in that court.

Sri Guru Hargobind Sahib ji

The sixth master, Guru Hargobind Sahib ji, born on 19th June 1595, was the only son of Guru Arjan Dev ji who was martyred at Lahore in 1606. In the hostile environment, the young Hargobind realised that for the protection of the Sikh faith, militarisation had become a necessity. On attaining the Gurgadi he adopted two swords (Piri - Spiritual authority and Miri - Temporal authority) and started training the Sikhs in swordsmanship and archery, to enable them to confront the advances of the royal army. He came to possess a sizeable cavalry and infantry along with gunners. He built the fort of Logarh at Amritsar, had his own flag and *nagara*. Importantly, he built the Akal Takhat in the vicinity of Sri Harmandar Sahib, where he used to sit in all splendour and hear grievances of the Sikhs and settle disputes.



The royal lifestyle of Guru Hargobind Sahib ji could not be digested by those responsible for the martyrdom of his father. His uncle, Prithi Mal, who had unsuccessfully tried to kill the Guru three times, continued complaining to emperor Jahangir. Chandu Shah, who had been the foremost figure in complaining about Guru Arjan dev ji, now transferred his hostilities towards Guru Hargobind Sahib. Sheikh Ahmad Sirhandi also incited the emperor. They advised Jahangir that the Guru was raising a large army in order to avenge the death of his father and that the emperor should suppress the Guru and his growing Sikh community immediately. Jahangir summoned the Guru to Delhi.

When Guru ji arrived, the emperor and his influential wife were impressed by Guru ji's charm, grace and Godliness. A friendship developed, leading to joint hunting trips of Jahangir along with Guru ji. On one occasion, a lion attacked Jahangir. Seeing that his bodyguards had run away with fright, Guru Sahib dismounted and killed the lion with his shield and sword.

Eventually the cunning Chandu and his associates did manage to get Guru ji detained in the fort of Gwalior. After nearly a year and a half, the famous Muslim sufi saint, Sain Mia Mir advised Jahangir to free him. The Guru refused to leave without the 52 Hindu Rajahs and princes who were also imprisoned at Gwalior and ultimately got them freed, earning the title 'Bandi Chhor Guru'. Guru Sahib reached Amritsar on Diwali day, and Sikhs lit up the whole complex of Darbar Sahib with earthen lamps. That is why Sikhs partake in Diwali, celebrating the triumph of good over injustice, light over darkness, commemorating the arrival of Guru Hargobind ji at Amritsar.

Emperor Jahangir died in 1627 and he was succeeded by Shah Jahan. He too was insecure about the increasing influence of the Sikhs, so Guru Hargobind ji had to fight four battles at different places, different times and for different reasons. He won all the four battles.

Finally, in 1644, Guru Sahib passed the Guruship over to his grandson, Har Rai ji, and breathed his last.

Hola Mohalla



Holi is a colour festival celebrated throughout India mostly by the Hindu population since times immemorial. This occurs in March and marks the end of winter and the beginning of summer. Everywhere young and older people can be seen sprinkling coloured water on each other and singing, dancing and generally enjoying themselves.

In the 18th century however Guru Gobind Singh realised that this pursuit of happiness for its own sake does not fill any practical purpose and that the celebrations for several days are a sheer waste of time and energy. After considerable thinking, he gave the event a twist. He earmarked the days just after the last day of Holi and asked Sikhs to celebrate a different festival in quite a novel way. Guru Sahib called the event the Hola Mohalla. All Sikhs started participating in Hola, the festival of display, where young men and women held competitions among themselves, showing skills of swordsmanship, archery, horse riding and many other martial arts.

Since then Sikhs have been enthusiastically celebrating Hola Mohalla. Today its main centres are in Amritsar, Anand Pur Sahib and Mukatsar, where the participants have a chance to show their prowess with great pomp and show. Previously people used to reach Anand Pur Sahib a couple of days before but nowadays devotees arrive there from all parts of India and even abroad. They come in every available vehicle including buses, motor cycles, trucks and trolleys. They may have a holy dip in the sarovar of Takht Sri Kesgarh Sahib and have food from any one of the many langars organised by individual volunteers and organisations, along all the roads leading to the town.

Nihang Singhs (*Guru di ladli fouj*) are the main attraction of the present day Hola Mohalla celebrations. They are keen to preserve their heritage and tradition. They still live in camps called *Chhawani*, eat from iron utensils called the '*batta*' and on the move they progress in formations. They prepare and distribute huge quantities of a rich concoction of sweetened milk, almonds and other nuts.

The Nihangs are probably the most photographed people in the area because of their newly stitched *choga* and *shaster* (or weapons). They pay special attention to their *dumala* or *pharhara* - the unique conical turban that makes them easy to spot from a distance. Dressed in their saffron or deep blue robes, they move from their chhawnies led by horsemen beating their *nagaras*. Armed with their traditional weapons, they pay their obeisance at the Takhat Kesgarh Sahib Gurdwara and proceed towards Guru Ka Lahore from where they rush to the sandy bed of Charan Ganga to perform their feats of bravery.

Although the festival lasts for three days, the movements of the devotee lasts for a full week. Hola Mohalla is a symbolic celebration of liberty, freedom, bravery and wisdom, and if need be, preparedness to face an enemy. All the programmes are conducted with a sense of *sewa* and humility, in the name of the Guru.

ਬੀਬੀ ਸ਼ਮਸ਼ੇਰ ਕੌਰ

ਅਠਾਰਵੀਂ ਸਦੀ ਦੇ ਦੂਸਰੇ ਅੱਧ ਵਿੱਚ ਪੰਜਾਬ ਵਿਚ ਕੋਈ ਸ਼ਕਤੀਸ਼ਾਲੀ ਸਰਕਾਰ ਨਾ ਹੋਣ ਕਰਕੇ ਕਈ ਛੋਟੇ ਰਜਵਾੜੇ ਪੈਦਾ ਹੋ ਗਏ ਤੇ ਜਿਥੇ ਜਿਸ ਦਾ ਜ਼ੋਰ ਚੱਲਿਆ, ਉਸ ਨੇ ਉਹ ਇਲਾਕਾ ਕਾਬੂ ਕਰ ਲਿਆ। ਉਸ ਸਮੇਂ ਇਕ ਬ੍ਰਾਹਮਣ ਨੇ ਸਰਦਾਰ ਜੱਸਾ ਸਿੰਘ ਰਾਮਗੜ੍ਹੀਆ ਪਾਸ ਹਾਂਸੀ (ਹਿਸਾਰ) ਵਿਖੇ ਸ਼ਿਕਾਇਤ ਕੀਤੀ ਕਿ ਹਿਸਾਰ ਦਾ ਹਾਕਮ ਅਲੀ ਬੇਗ ਉਸਦੀਆਂ ਦੋ ਜੁਵਾਨ ਲੜਕੀਆਂ ਨੂੰ ਜ਼ਬਰਦਸਤੀ ਲੈ ਗਿਆ ਹੈ, ਅਤੇ ਕੁੜੀਆਂ ਵਾਪਸ ਲਿਆਉਣ ਵਿਚ ਉਸਦੀ ਸਹਾਇਤਾ ਕੀਤੀ ਜਾਵੇ।

ਸਰਦਾਰ ਨੇ ਉਸ ਨੂੰ ਭਰੋਸਾ ਦਿੱਤਾ ਤੇ ਰਾਤ ਨੂੰ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਨਾਲ ਲੈ ਕੇ ਧਾਵਾ ਬੋਲਿਆ ਅਤੇ ਕੁੜੀਆਂ ਨੂੰ ਵਾਪਸ ਲੈ ਆਏ। ਕੁੜੀਆਂ ਜੁਵਾਨ ਅਤੇ ਸੁਨੱਖੀਆਂ ਸਨ। ਵੱਡੀ ਲੜਕੀ ਸ਼ਾਮੇ ਨੇ ਘਰ ਜਾਣ ਤੋਂ ਨਾਂਹ ਕਰ ਦਿੱਤੀ, ਕਿ ਅਲੀ ਬੇਗ ਫਿਰ ਆਕੇ ਉਹਨਾਂ ਨੂੰ ਲੈ ਜਾਏਗਾ। ਦੋਨੋਂ ਲੜਕੀਆਂ ਨੇ ਸਰਦਾਰ ਪਾਸ ਰਹਿਣ ਦੀ ਬੇਨਤੀ ਕੀਤੀ। ਸਰਦਾਰ ਨੇ ਮਨ ਲਿਆ ਤੇ ਪਿਤਾ ਨੂੰ ਭਰੋਸਾ ਦਿੱਤਾ ਕਿ ਲੜਕੀਆਂ ਉਸ ਦੇ ਸਾਥੀਆਂ ਦੇ ਪਰਿਵਾਰਾਂ ਨਾਲ ਰਹਿਣਗੀਆਂ। ਕੁਝ ਸਮੇਂ ਪਿੱਛੋਂ ਚੰਗੇ ਜੁਵਾਨ ਲੜਕੇ ਲੱਭ ਕੇ, ਸਰਦਾਰ ਨੇ ਕੁੜੀਆਂ ਦਾ ਵਿਆਹ ਕਰਵਾ ਦਿੱਤਾ।

ਵੱਡੀ ਲੜਕੀ ਹੁਸ਼ਿਆਰ ਸੀ। ਉਸ ਨੇ ਛੇਤੀ ਹੀ ਪੰਜਾਬੀ, ਘੋੜ ਸਵਾਰੀ ਅਤੇ ਸ਼ਸਤਰ ਵਿਦਿਆ ਸਿੱਖ ਲੀਤੀ। ਨਾਲ ਹੀ ਦੋਨੋਂ ਭੈਣਾਂ ਲੰਗਰ ਵਿਚ ਸੇਵਾ ਕਰਦੀਆਂ ਰਹੀਆਂ। ਕੁਝ ਸਮੇਂ ਪਿੱਛੋਂ ਦੋਹਾਂ ਨੇ ਅੰਮ੍ਰਿਤ ਛੱਕ ਲਿਆ। ਸ਼ਾਮੇ ਦਾ ਨਾਂ ਸ਼ਮਸ਼ੇਰ ਕੌਰ ਤੇ ਛੋਟੀ ਦਾ ਨਾਂ ਰਾਮ ਕੌਰ ਰੱਖਿਆ ਗਿਆ।

ਸਰਦਾਰ ਜੱਸਾ ਸਿੰਘ ਦਾ ਆਪਣਾ ਰਾਜ ਅਸਲ ਵਿਚ ਬਟਾਲਾ ਅਤੇ ਨੇੜੇ ਦੇ ਇਲਾਕਿਆਂ ਵਿਚ ਸੀ। ਪ੍ਰੰਤੂ ਸ਼ੁਕਰਚਕੀਆ, ਕਨ੍ਹਈਆ ਤੇ ਆਹਲੂਵਾਲੀਆ ਮਿਸਲਾਂ ਦੇ ਸਰਦਾਰਾਂ ਨੇ ਮਿਲ ਕੇ ਉਹਨਾਂ ਨੂੰ ਕੱਢ ਦਿੱਤਾ ਤੇ ਇਹ ਦੌੜ ਕੇ ਹਿਸਾਰ ਵੱਲ ਚਲੇ ਗਏ। ਇਹਨਾਂ ਹਾਂਸੀ ਤੇ ਆਲੇ ਦੁਆਲੇ ਦੇ ਬਹੁਤ ਸਾਰੇ ਕਸਬਿਆਂ ਤੇ ਸ਼ਹਿਰਾਂ ਤੇ ਕਬਜ਼ਾ ਕਰ ਲਿਆ।

ਸਨ ੧੭੮੫ ਵਿਚ ਸਰਦਾਰ ਜੱਸਾ ਸਿੰਘ ਨੂੰ ਬਟਾਲੇ ਜਾਣਾ ਪਿਆ ਤੇ ਸ਼ਮਸ਼ੇਰ ਕੌਰ ਉਸ ਦੇ ਨਾਲ ਗਈ ਅਤੇ ਬਹੁਤ ਬਹਾਦੁਰੀ ਤੇ ਨਿਡਰਤਾ ਨਾਲ ਲੜੀ। ਸਰਦਾਰ ਬਹੁਤ ਖੁਸ਼ ਹੋਇਆ ਤੇ ਉਸਨੂੰ ਹਾਂਸੀ ਦੇ ਨੇੜੇ ੫ ਪਿੰਡਾਂ ਦੀ ਸਰਦਾਰੀ ਬਖਸ਼ ਦਿੱਤੀ। ਉਹ ਆਮ ਤੌਰ ਤੇ ਮਰਦਾਨਾ ਪਹਿਰਾਵਾ ਰੱਖਦੀ ਸੀ। ਲੋਕਾਂ ਨੂੰ ਇਕ ਜੁਵਾਨ ਮਰਦ ਹੀ ਦਿਸਦਾ ਸੀ। ਇਕ ਵਾਰੀ ਸ਼ਮਸ਼ੇਰ ਕੌਰ ਨੇ ਰਸਤੇ ਵਿਚ ਇਕ ਜੁਵਾਨ ਲੜਕੀ ਰਜ਼ੀਆ ਨੂੰ ਬਚਾਇਆ, ਜਿਸ ਨਾਲ ਉਥੋਂ ਦਾ ਹਾਕਮ ਮੁਹੰਮਦ ਅਲੀ ਜ਼ਬਰਦਸਤੀ ਨਿਕਾਹ ਕਰਨਾ ਚਾਹੁੰਦਾ ਸੀ। ਰਜ਼ੀਆ, ਮੁਹੰਮਦ ਅਲੀ ਦੇ ਇਕ ਨੌਕਰ ਹੈਦਰ ਦੀ ਬੇਟੀ ਸੀ। ਮੁਹੰਮਦ ਅਲੀ ਦੀ ਪਹਿਲਾ ਵੀ ਕਈ ਬੀਵੀਆਂ ਸਨ। ਸੋ ਰਜ਼ੀਆ ਤੇ ਉਸਦੀ ਮਾਂ ਇਕ ਰਾਤ, ਚੋਰੀ ਨਿਕਲ ਗਈਆਂ। ਮੁਹੰਮਦ ਅਲੀ ਨੇ ਹੈਦਰ ਨੂੰ ਕੈਦ ਕਰ ਲਿਆ। ਉਸ ਦੇ ਸਾਥੀ ਰਜ਼ੀਆ ਤੇ ਉਸਦੀ ਮਾਂ ਨੂੰ ਫੜ ਲਿਆਏ। ਰਸਤੇ ਵਿਚ ਉਹਨਾਂ ਨੂੰ ੨੦ ਘੋੜ ਸਵਾਰ ਸਿੰਘਾਂ ਦਾ ਜਥਾ ਮਿਲਿਆ। ਰਜ਼ੀਆ ਨੇ ਉਹਨਾਂ ਨੂੰ ਸਾਰੀ ਕਹਾਣੀ ਸੱਚ ਦੱਸ ਦਿੱਤੀ।

ਜਥੇ ਦੇ ਆਗੂ, ਸ਼ਮਸ਼ੇਰ ਕੌਰ ਨੇ ਸਿਪਾਹੀਆਂ ਨੂੰ ਰਜ਼ੀਆ ਤੇ ਉਸਦੀ ਮਾਂ ਨੂੰ ਛੱਡਣ ਦਾ ਹੁਕਮ ਦਿੱਤਾ ਤੇ ਮੁਹੰਮਦ ਅਲੀ ਨੂੰ ਸਿਪਾਹੀਆਂ ਰਾਹੀਂ ਸੁਨੇਹਾ ਭੇਜਿਆ, ਕਿ ਹੈਦਰ ਨੂੰ ਰਿਹਾ ਕਰ ਦੇਵੇ ਨਹੀਂ ਤਾਂ ਉਸ ਦਾ ਸਾਰਾ ਟੱਬਰ ਮਾਰ ਦਿੱਤਾ ਜਾਵੇਗਾ। ਰਜ਼ੀਆ ਤੇ ਉਸਦੀ ਮਾਂ ਨੂੰ ਸ਼ਮਸ਼ੇਰ ਆਪਣੇ ਘਰ ਹਾਂਸੀ ਲੈ ਗਈ। ਉਹ ਦੋਨੋਂ ਹੈਰਾਨ ਹੋ ਗਈਆਂ ਜਦ ਉਹਨਾਂ ਨੂੰ ਪਤਾ ਲੱਗਾ ਕਿ ਉਹਨਾਂ ਨੂੰ ਬਚਾਣ ਵਾਲੀ ਇਕ ਇਸਤਰੀ ਸੀ।

ਮੁਹੰਮਦ ਅਲੀ ਨੇ ਰਜ਼ੀਆ ਦੇ ਪਿਤਾ ਨੂੰ ਨਾਂ ਛੱਡਿਆ। ਅਚਾਨਕ ਇਕ ਰਾਤ ਜਦੋਂ ਉਹ ਨਸ਼ਾ ਕਰਕੇ ਕੁੜੀਆਂ ਦਾ ਨਾਚ ਦੇਖ ਰਿਹਾ ਸੀ ਤਾਂ ਸ਼ਮਸ਼ੇਰ ਤੇ ਉਹਦੇ ਸਾਥੀਆਂ ਨੇ ਧਾਵਾ ਬੋਲ ਦਿੱਤਾ। ਮੁਹੰਮਦ ਅਲੀ ਨੇ ਤਲਵਾਰ ਚੁੱਕ ਲਈ ਪਰ ਛੇਤੀ ਹੀ ਉਸਦੀ ਤਲਵਾਰ ਟੁੱਟ ਗਈ। ਹਾਰ ਮਨਦਿਆਂ ਉਸਨੇ ਕੈਦਖਾਨੇ ਦੀਆਂ ਚਾਬੀਆਂ ਸ਼ਮਸ਼ੇਰ ਨੂੰ ਦੇ ਦਿੱਤੀਆਂ। ਰਜ਼ੀਆ ਦੇ ਪਿਤਾ ਹੈਦਰ ਨੂੰ ਆਜ਼ਾਦ ਕਰਕੇ ਘਰ ਭੇਜ ਦਿੱਤਾ। ਮੁਹੰਮਦ ਅਲੀ ਮੁਆਫੀਆਂ ਮੰਗਨ ਲੱਗਾ ਤੇ ਅੱਗੇ ਤੋਂ ਉਸ ਨੇ ਅਜਿਹਾ ਨਾਂ ਕਰਨ ਦਾ ਵਾਹਦਾ ਕੀਤਾ, ਤਾਂ ਉਸਦੀ ਜਾਨ ਬਖਸ਼ ਦਿੱਤੀ ਗਈ।

ਮੁਹੰਮਦ ਅਲੀ ਇਹ ਬੇਇੱਜ਼ਤੀ ਸਹਾਰ ਨਾਂ ਸਕਿਆ। ਉਸਨੇ ਆਲੇ ਦੁਆਲੇ ਸਾਰੇ ਮੁਸਲਮਾਨ ਸਰਦਾਰ ਇਕੱਠੇ ਕਰ ਲਏ। ਉਹਨਾਂ ਨੂੰ ਕਈ ਤਰਾਂ ਤੇ ਲਾਲਚ ਦੇ ਕੇ ੩੦੦੦ ਬੰਦਿਆਂ ਨਾਲ ਉਸਨੇ ਸ਼ਮਸ਼ੇਰ ਉੱਤੇ ਹਮਲਾ ਕਰ ਦਿੱਤਾ। ਸ਼ਮਸ਼ੇਰ, ਉਸਦਾ ਪਤੀ ਤੇ ਬਾਕੀ

ਸਾਰੇ ਬੰਦੇ ਕਿਲੇ ਤੋਂ ਬਾਹਰ ਆ ਗਏ। ਅਲੀ ਨੇ ਸ਼ਮਸ਼ੇਰ ਨੂੰ ਵੰਗਾਰਿਆ, ਆਹਮਣੇ ਸਾਹਮਣੇ ਮੁਕਾਬਲਾ ਹੋਇਆ। ਅਲੀ ਮਾਰਿਆ ਗਿਆ। ਇਸ ਲੜਾਈ ਵਿਚ ਸ਼ਮਸ਼ੇਰ ਦਾ ਪਤੀ ਬੁਰੀ ਤਰਾਹ ਜ਼ਖਮੀ ਹੋ ਗਿਆ ਤੇ ਅੰਤ ਚਲਾਣਾ ਕਰ ਗਿਆ। ਸ਼ਮਸ਼ੇਰ ਬਹੁਤ ਦੁਖੀ ਹੋਈ ਪ੍ਰੰਤੂ ਭਾਣਾ ਮਨ ਕੇ ਆਪਣੇ ਮਨ ਨੂੰ ਸ਼ਾਂਤ ਕੀਤਾ।

ਅਗਲੇ ਸਾਲ ਮਰਹੱਟਿਆਂ ਨੇ ਆਗਰਾ ਫਤਿਹ ਕਰ ਲਿਆ ਤੇ ਕਈ ਛੋਟੇ ਛੋਟੇ ਰਜਵਾੜੇ ਕਾਬੂ ਕਰ ਲਏ। ਉਹਨਾ ਨੇ ਸ਼ਮਸ਼ੇਰ ਨੂੰ ਸੁਨੇਹਾ ਭੇਜਿਆ ਕਿ ਉਹ ਆਪਣਾ ਕਿਲ੍ਹਾ ਤੇ ਸਾਰਾ ਇਲਾਕਾ ਉਹਨਾ ਨੂੰ ਦੇ ਦੇਵੇ। ਉਸ ਵੇਲੇ ਮਰਹੱਟਿਆਂ ਪਾਸ ਕਈ ਹਜ਼ਾਰ ਫੌਜੀ ਸਨ, ਤੇ ਸ਼ਮਸ਼ੇਰ ਪਾਸ ਸਿਰਫ ੧ ਹਜ਼ਾਰ। ਫਿਰ ਭੀ ਉਸਨੇ ਗੁਲਾਮੀ ਨਾਲੋਂ ਲੜਾਈ ਕਰ ਕੇ ਸ਼ਹਾਦਤ ਨੂੰ ਚੰਗਾ ਸਮਝਿਆ। ਆਪਣੇ ਸਿਪਾਹੀਆਂ ਨਾਲ ਮਰਹੱਟਾ ਫੌਜ ਦਾ ਬੜੀ ਬਹਾਦੁਰੀ ਨਾਲ ਮੁਕਾਬਲਾ ਕੀਤਾ। ਸਰਦਾਰ ਜੱਸਾ ਸਿੰਘ ਰਾਮਗੜੀਆ ਜਾਂ ਹੋਰ ਕੋਈ ਸਿੱਖ ਸਰਦਾਰ ਬਹੁਤ ਦੂਰ ਹੋਣ ਕਾਰਣ ਉਸ ਦੀ ਕੋਈ ਸਹਾਇਤਾ ਨਹੀਂ ਕਰ ਸਕੇ। ਦੋਹਾਂ ਪਾਸਿਆਂ ਦੇ ਬਹੁਤ ਸਾਰੇ ਸਿਪਾਹੀ ਮਾਰੇ ਗਏ। ਕਿਹਾ ਜਾਂਦਾ ਹੈ ਕਿ ਸ਼ਮਸ਼ੇਰ ਕੌਰ ਦੇ ਮਿਰਤਕ ਸ਼੍ਰੀਰ ਤੇ ਜ਼ਖਮਾਂ ਦੇ ੩੦ ਨਿਸ਼ਾਨ ਸਨ। ਉਹਨੂੰ ਅੱਜ ਭੀ ਉਸ ਇਲਾਕੇ ਵਿਚ ਸਤਿਕਾਰ ਸਹਿਤ ਯਾਦ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਕਈ ਲੋਕ ਗਾਥਾਵਾਂ ਤੇ ਲੋਕ ਗੀਤਾਂ ਵਿਚ ਉਸਨੂੰ ਸ਼ਰਧਾਂਜਲੀ ਦਿੱਤੀ ਜਾਂਦੀ ਹੈ।

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Guru Nanak Orchard

Gurbani refers to nature as manifestation of God.

ਪਉਣ ਪਾਣੀ ਧਰਤੀ ਆਕਾਸ਼ ਘਰ ਮੰਦਰ ਹਰਿ ਬਨੀ । (SGSS Ang 723)

“Air, water, earth and sky – the Lord has made these His home and temple”

To commemorate Guru Nanak Dev Ji's 550th Praksh Utsav, Gurdwara Sri Guru Singh Sabha Hounslow, collaborated with Hounslow Council in planting an orchard in Lampton Park, Hounslow (near the tennis courts) on the 8th February. This was an opportunity to be educated about nature, and spread the message of Guru Nanak Dev Ji in the local community. The sangat was joined by the local community in planting Bramley, Cox's Orange, Pippin and Elstar Apples, and Beurre and Conference Pear trees. In a few years time we will be able to harvest organic fruit.



It was particularly great to see children taking an active interest. Hounslow 360, who maintain parks and open spaces in the borough, provided guidance and assistance. At the end of the event we all went home, happy and dirty. So, when you are next in Lampton Park, walk over and see our orchard, water the trees, talk to them.

Today our planet, the great Mother Earth is under threat from climate change. Trees play a pivotal role in the fight against climate change, cleaning our air, storing carbon and producing oxygen, and that's why we need them like never before. Guru Nanak ji made us aware of the Creator Being in His Creation. To be close to Waheguru we need to live responsible lives that are in harmony with nature.

Guru Har Rai Baag

Sat Sri Akal to everyone on this the first page of the Bagh. Some of you may not know the Bagh has been in existence for 5 years.

Named after the 7th Guru, Guru Har Rai, the Bagh was created two years ago and is progressing well. The planters, hanging baskets along with pots, have created a courtyard garden which is enjoyed by our sangat and the wider community. We try to keep the planting varied and aim to provide colour all year long.

Guru Har Rai Ji loved nature and kept a garden. He encouraged his followers to plant trees. He also kept a medicinal garden full of herbs that had healing properties. Guru Ji always saw the divine in Nature and encouraged others to do so too. Walk around and spot the herbs we have planted.



Sri Guru Singh Sabha Hounslow, participated in the "It's Your Neighbourhood" category of the London In Bloom campaign run by the Royal Horticultural Society. The campaign seeks to recognise organisations in London for their efforts in improving the environment. The Gurdwara has entered in RHS London in Bloom campaign since 2017 and is the first, and as yet the only, Gurdwara in London to participate. In the first year we were awarded an "Improving Certificate" which is a tremendous achievement.

The benefits of gardening are endless, both mentally and physically. Future events are planned so watch this space!

Gursimran's Gardening Report

What I learnt from doing gardening at the Gurdwara...

I learned that there is a plant called "the lambs ear" but that it isn't a real lambs ear, it is called that because it is fluffy and looks just like a lamb's ear. I also learned that the root is kept underground also, you can smell not just flowers but also trees, for example the olive tree. I learned that flowers don't just bloom when you plant a seed it takes a bit of time. Also flowers can come in many different colours, for example, silver, amber and brown.

I enjoyed watching the plants grow and pruning, tidying and planting some new flowers for the *sangat* to enjoy. I enjoyed making sure that there were no weeds, by walking and looking at the flowers and plants and if there were any, I would pluck them out of the flower boxes like Aunty taught me to. In spring time, I notice the new flowers blooming more because I have done some of the gardening.

SIKH ASSISTED MARRIAGES

Application forms for this service are available from the Gurdwara. The completed application form and a passport size photograph together with the non refundable **registration fee of £50** (cheques to be made payable to **Sri Guru Singh Sabha**) should be sent or delivered to:

Sukhvinder Kaur Dhanjal
Gurdwara Sri Guru Singh Sabha
Alice Way, Hanworth Road, Hounslow, Middlesex. TW3 3UA

Participants must be registered on our matrimonial database to benefit from this service.

Personal and telephone enquiries are welcome as follows:

Monday – Saturday 10:00am – 1:00pm

Sunday 10:00am – 3:00pm

Telephone Enquiries: **020 8814 6701**

All information will be strictly confidential and sincere efforts in good faith will be made to introduce interested parties. The management of Sri Guru Singh Sabha will not be held responsible, morally, legally, or otherwise, for any alleged act of negligence, omission, or commission by either of the parties concerned, nor will it be liable for any legal action.

Gurdwara Sri Guru Singh Sabha's current list of matrimonial partners appears below.

B O Y S

<i>Ref No</i>	<i>Birth Date</i>	<i>Academic Qualification</i>	<i>Present Employment</i>	<i>Height</i>
2747	18/12/81	BSc(hons) Computer Science	IT Business Analyst	5' 11"
2748	20/06/88	BA(hons), MSc, CIMA	Senior Finance Analyst	5' 10"
2749	28/12/86	BSc Financial Computing	Client Care Analyst	5' 06"
2750	09/05/87	BA Finance/Accounts, ACCA	Chartered Accountant	5' 10"
2751	16/06/91	BA Business Economics	Quantity Surveyor	6' 00"
2752	10/05/91	M Pharm	Pharmacist	6' 03"
2753	13/09/91	MA Medicine, MBBS	Hospital Doctor	5' 11"
2754	18/05/87	Master Business Info Management	Operations Supervisor	6' 00"
2755	25/07/89	BSc(hons) Business Mgmt. & Mktng	Self Employed	5' 08"
2756	05/03/75	BSc Product Design	Baggage Handler	5' 8½"
2757	02/03/90	LLB	Senior Executive (Family Bus.)	5' 10"
2758	23/08/84	BSc Computer Science	Self employed	6' 00"
2759	13/07/89	City & Guilds Level 3	Motor Mechanic	5' 06"
2760	26/07/90	MBBS	ST3-ConsultantRadiologytrainee	5' 10"
2761	22/06/85	BSc, MSc, PhD Immunology	Associate Director	5' 09"
2762	06/12/88	LLB, LLM, LPC	Solicitor	6' 01"
2763	31/05/88	BA, LLB	Head of Legal Lawyer Corparter	5' 11"
2764	22/01/89	Compex Electrician	Compex Qualified Electrician	5' 09"
2765	07/10/81	Masters in Commerce	Production Manager	5' 09"
2766	21/05/91	MSc Physics	Procurement Manager	6' 01"
2767	03/09/87	MSc Computer Science	IT Consultant	5' 09"
2768	05/07/89	MSc Financial Mathematics	IT Contractor	5' 10"
2769	25/08/84	B Eng. Computer Networking	IT Production Manager	5' 02"
2770	25/09/88	BA Sociology, LLB, LPC	Solicitor	5' 10"

2771	25/03/85	BTEC Business	BA Customer Service	5' 11"
2772	28/02/88	BSc Economics	Investor-Trader	6' 01"
2773	17/07/90	BSc, B Med(hons), M Pharm	Pharmacist	6' 04"
2774	20/05/84	MBBS, FRCR	NHS Consultant	5' 09"
2775	27/09/90	M Eng Aerospace Engineering	Proxisense Ltd, Oxford Uni	6' 01"
2776	26/06/81	BSc Computer Info. Systems	Senior IT Consultant	5' 09"
2777	10/03/93	MBBS, BSc(hons)	Medical Doctor	6' 04"
2778	17/01/90	College - IT Entry Level 1	Taxi Driver	6' 02"
2779	20/11/91	BSc Quantity Surveyor	Quantity Surveyor	5' 11"
2780	16/01/86	Diploma	Director - own company	5' 07"
2781	12/11/89	Business Studies & Personal Finance	Law Enforcement Officer	6' 01"
2782	21/12/92	BSc Economics (UCL)	Investment Banking	6' 03"
2783	28/03/83	BSc(hons) Computer Science	Account Manager	5' 09"
2784	16/06/86	ACCA	Accountant Plc	6' 01"
2785	29/12/81	BSC(hons) Information Systems	IT Consultant	6' 00"
2786	28/06/86	B Eng Electronic Engineering	Test Engineer	5' 06"
2787	29/05/85	BSc Mathematics	Actuary	5' 07"
2788	19/03/94	BTEC Science Level 3	BT Telecoms Engineer	6' 00"
2789	22/07/80	BSc Maths & Computer Science	Business Owner	5' 07"
2790	23/04/90	A Levels	British Airways	6' 02"
2791	02/11/74	MSc, B Eng(hons)	Senior Project Mgr Invest.Bank	5' 09"
2792	03/12/89	MPharm Pharmacy	Pharmacist (Branch Manager)	5' 09"
2793	15/03/87	M Pharm, MBBS	Junior Doctor	6' 00"
2794	02/06/88	MSc Economics & Finance (LSE)	Investment Analyst	6' 00"
2795	02/04/91	BSc Accounting & Finance	Accountant	6' 00"
2796	21/05/88	AS Level	Account Manager	6' 00"
2797	18/01/91	A Levels, left after 1yr at Uni	Warehouse Operator	5' 11"
2798	06/07/90	BSc, MBBS	Hospital Doctor	6' 02"
2799	16/11/87	BSc Pharmaceutical Science	Manager-Pharmaceutical Comp.	5' 10"
2800	28/04/91	LLB, LPC	Solicitor	5' 11"
2801	23/03/85	BSc(hons) Optometry	Hospital Optometrist	5' 09"
2802	03/04/87	MSc Pharmacy	Pharmacist	5' 09"
2803	08/05/81	A Levels	Managing Director	5' 07"
2804	07/05/82	MSc IT & Management	Case Analyst	5' 10"
2805	04/05/89	BSc Actuarial Science	Actuary KPMG	5' 10"
2806	02/04/83	BSc(hons)	Investment Banking	6' 02"
2807	28/04/89	B Eng Air Transport Engineering	Pilot	6' 00"
2808	24/01/91	Civil Engineering Degree	Senior Quantity Surveyor	6' 00"
2809	09/11/91	BSc Economics, Chartered Accountant	Economist	6' 02"
2810	15/08/92	PhD, M Chem	Scientist	6' 00"
2811	11/12/90	BSC(hons) Info. & Comm. Technology	Software Analyst	6' 00"
2812	15/12/80	MSc Finance	Investment Manager	6' 00"
2813	23/03/93	BSc Biology	Teacher	6' 01"
2814	25/08/92	Primary School Teacher	Teaching at Primary School	5' 09"
2815	27/12/93	LLB Law	Paralegal	5' 11"
2816	07/10/88	BSc, MPharm	Own Pharmacy Business Bristol	6' 01"
2817	23/10/85	BA Business Studies	Estate Agent	5' 09"
2818	27/12/85	MSc Pharmacy	Pharmacist	6' 02"
2819	26/12/85	BSc(hons) Economics (LSE)	Investment Banker M&A	6' 02"
2820	10/12/82	BSC, CIMA Accountant	Business Manager Barclays	5' 11"

2821	18/11/81	High Diploma (college), Advanced IT	BUPA Health Service Consultant	5' 07"
2822	30/09/94	BSc Business & Politics	Digital Marketing (Fiat)	5' 9½"
2823	28/07/92	MD Master of Medicine	Senior House Officer	5' 06"
2824	27/07/88	Doctor of Medicine	NHS	6' 00"
2825	03/02/96	BSc(hons)	Accountant	6' 04"
2826	05/11/88	BDS Dentistry	Dentist	6' 00"
2827	28/09/85	A Levels	Deputy Court Custody Manager	5' 08"
2828	08/04/91	BSC(hons) Economics	Risk Consultant	6' 01"
2829	02/06/79	MBChB, General Practitioner	GP	5' 10"
2830	10/12/75	BSC(hons) Information Management	Engineer Contractor	5' 08"
2831	28/07/93	BSC Architecture, MA Graphic Design	Graphic Designer	6' 00"
2832	04/02/88	LLB(hons), LPC Law	Associate Director, Finance	6' 00"
2833	01/12/82	LLB(hons) Law	Contracting Lawyer	5' 10"
2834	23/03/88	BA(hons), ACCA	Finance Project Manager	5' 09"
2835	01/02/89	BSc (hons)	Financial Analyst	6' 00"
2836	02/06/86	MBBS, MRCGP	Doctor GP	5' 10"
2837	12/06/76	Physics Degree	Finance work	6' 02"
2838	25/04/88	M Eng Materials Sci. & Eng., ACA	Chartered Accountant	5' 09"
2839	31/01/80	IT Degree	Assistant Manager	6' 00"
2840	17/10/91	BSc (hons)	Actuary	5' 10"
2841	19/06/94	BSc Consumer Behaviour & Marketing	Financial Writer	5' 11"
2842	14/04/90	CIMA Qualified Accountant	Senior Finance Analyst	5' 10"
2843	01/07/89	BSC(hons) Chemistry, PGCE	Mortgage Broker	5' 09"
2844	22/01/88	BSc, MBBS	Hospital Doctor	5' 10"
2845	06/02/90	MBBS	NHS Doctor	6' 02"
2846	17/11/83	BSc Aerospace Engineering	Mechanical Engineer	5' 08"
2847	20/11/84	A Levels	IT Contractor	5' 11"
2848	28/11/90	BSc Economics, ACA	Finance	5' 08"
2849	16/01/88	Postgraduate Masters	Strategy Consultant	6' 02"
2850	28/06/87	BSc(hons) Computer Science	Business Intelligence Developer	5' 11"
2851	06/05/91	BSc Business Information Systems	Business Development Mngr	5' 09"
2852	09/01/85	BA(hons), ACA	Chartered Accountant-own Buis	5' 09"
2853	21/10/81	BDS, MJDF, RCS(eng) PGCMDE	Principle Dentist	5' 11"
2854	26/11/95	BDS Dentistry	Dentist	6' 03"
2855	10/01/89	BSc(hons)	Quality Surveyor/Finance	6' 00"
2856	30/03/91	MSc Computer Science	IT Software Consultant	6' 05"
2857	13/03/87	BSc Finance & Accounting	Management Accounting	6' 00"
2858	04/02/94	BSc Sci. MSc Busi. Technology	Sub-contractor Manager	6' 02"
2859	19/04/84	BA Economics, IMA Chartered Acc'tant	Senior Commercial Finance	5' 09"
2860	29/04/93	ACA, Degree Accounting & Finance	Chartered Accountant	5' 11"
2861	27/10/89	BSc Maths & Management	Senior Commercial Analyst	5' 06"
2862	10/09/90	BSc, MSC Finance & Risk	Self Employed	5' 04"
2864	18/03/90	Charter Accountant	British Gas	5' 08"
2865	23/09/78	LLB(hons); PGDLP; PGDNP; MSc Law	In-House Counsel Solicitor	5' 09"
2866	19/02/90	BSc(hons), MSC Computer Science	Senior Software Engineer	5' 07"
2867	27/05/92	BSc(hons), PGDiP	Architect	5' 09"
2868	19/03/92	BA Economics	Accountant, Studying Ch. Acc.	6' 03"
2869	23/11/82	B Eng Computer Systems Engineering	Technical Presales Consultant	5' 09"
2870	05/12/93	MSc Mechanical Engineering	Site Engineer	5' 09"
2871	10/03/92	BSc, MBChB, MRES	Hospital Doctor	5' 09"

GIRLS


<i>Ref No</i>	<i>Birth Date</i>	<i>Academic Qualification</i>	<i>Present Employment</i>	<i>Height</i>
9136	19/04/88	BA History, GDL BPP	Solicitor	5' 06"
9137	28/05/92	BA French Literature	Marketing	5' 07"
9138	01/11/89	MD Medicine	Junior Doctor	5' 07"
9139	08/01/91	BSc Physiotherapy	Senior Physiotherapist	5' 01"
9140	29/06/93	BA(hons), MA	Project Manager	5' 06"
9141	28/02/89	M Pharm	Clinical Pharmacist	5' 07"
9142	22/12/91	Adv Apprenticeship L2,3,4 Childcare	Nursery Nurse Team Leader	5' 01"
9143	18/11/89	BA(hons) Study of Religion	Learning Resource Manager	5' 02"
9144	03/02/93	BA History	Strategy Consultant	5' 03"
9145	04/12/86	LLB, PGCE	Teacher	5' 03"
9146	13/09/80	Masters	Account Director	5' 03"
9147	09/03/79	ACA, BSc Economics	Accountant	5' 06"
9148	25/10/84	LLB	Lawyer	5' 06"
9149	31/05/94	GCSE, Level 2 Acc'ting Apprenticeship	Regional Administrator	5' 05"
9150	03/03/85	A levels	Assistant Manager Insolvency	5' 02"
9151	17/11/83	Degree HRM & Marketing	HR Business Partner/Manager	5' 04"
9152	17/08/84	Degree educated	IT Programmer	5' 00"
9153	08/09/89	Degree educated	Trainee Solicitor	5' 00"
9154	02/10/90	BA Business Management	Property Negotiator	5' 05"
9155	31/01/87	M Pharm	Pharmacist	5' 03"
9156	01/03/88	Doctor	GP	5' 04"
9157	17/11/86	BM B Med Sci(hons)	NHS Doctor	5' 05"
9158	04/02/90	BSc Geography, PGCE	Geography Teacher (Sec. Sch)	5' 05"
9159	12/11/88	BSc, MSc Biology	Teacher - Marine Biologist	5' 05"
9160	16/10/87	MSc Marketing & Branding	British Airways Trainer	5' 06"
9161	12/06/84	BSc, ACCA	Chartered Accountant	5' 07"
9162	26/05/81	BSc, ACA	Chartered Accountant	5' 04"
9163	05/09/92	BA Medicine, MBBS	Hospital Doctor	5' 06"
9164	28/03/88	CACHE Diploma Childcare /Education	Radiology Assistant	5' 05"
9165	13/03/91	MBBS, BSc(hons)	Doctor	5' 07"
9166	30/01/88	BDS	Dentist	5' 00"
9167	12/10/81	MR Pharms	Pharmacist	5' 06"
9168	10/10/91	BSc Economics & Finance	Accounts Assistant	5' 04"
9169	04/05/95	BSc Accounting & Finance, ACA	Accountancy	5' 07"
9170	20/06/87	MBA International Management	VMWare-Operations Manager	5' 05"
9171	08/12/87	BSc(hons) Finance & Accounting	Management Accountant	5' 03"
9172	28/01/89	BSc(hons), MSc, stdy MBA	NHS England-Manager	5' 04"
9173	21/10/78	LLB(hons)	Solicitor	5' 02"
9174	28/04/82	MA Sociology of Education	Team Manager - Local Authority	5' 06"
9175	04/10/91	BSc, MSC	Software Engineer Google	5' 07"
9176	29/01/88	BA(hons), Masters, PGCE	Teacher	5' 01"
9177	10/07/79	BA Tourism Management	Onboarding Co-ordinator Airline	5' 03"
9178	25/12/85	MBChB, MRCP	Doctor Senior Registrar	5' 06"
9179	25/06/88	BSc Mathematics & Economics	Actuary	5' 08"

9180	21/10/93	Cache Level 3 Nursery Nurse	Local School	5' 00"
9181	31/07/91	BSc(hons) McOptom	Optometrist	5' 07"
9182	14/08/75	BSc(hons), MBA, PhD	Asso. Director-Gen. Medicine	5' 07"
9183	30/03/89	PG LLB, BA(hons) Criminal Justice	Probation Officer	5' 04"
9184	29/08/88	LLB	Contract Manager	5' 05"
9185	28/01/91	BSc, MBBS	Doctor	5' 3½"
9186	20/12/88	MA English	English Teacher	5' 02"
9187	07/03/88	BSc Psychology	Civil Servant	5' 05"
9188	28/08/74	BSc(hons) Physics	Account Director for global org	5' 6.5"
9189	03/09/96	BSc(hons) Economics	Trainee Accountant	5' 03"
9190	29/03/79	BSc(hons) Pharmacology	Senior manager	5' 07"
9191	03/11/77	Masters	Publishing	5' 07"
9192	28/02/86	degree	Local Government Officer	5' 05"
9193	26/03/85	LPC (GDL), BA(hons)	working in Legal Practice	5' 02"
9194	10/12/89	Bachelors deg, PostGrad	Special needs co-ordinator	5' 07"
9195	27/12/77	BSc Marketing & Tourism	Airline Administrator Heathrow	5' 04"
9196	09/09/87	BA, GDL Law, LPC	Contracts Specialist Oil & Gas	5' 02"
9197	15/10/87	BA English & History	Tax Consultant	5' 11"
9198	06/02/86	MBBS	GP	5' 03"
9199	21/07/92	BDS	Dentist	5' 04"
9200	03/07/93	MBBS, BMedSc	Doctor	5' 06"
9201	21/03/90	MSC International Marketing	Marketing Consultant	5' 4½"
9202	13/07/88	BSc(hons) Computer Science	IT Incident Analyst	5' 05"
9203	24/05/90	LLB(hons)	Lawyer	5' 05"
9204	28/05/95	LLB(hons)	Trainee Solicitor	5' 11"
9205	08/08/90	BSc Computer Sci & Accountancy	Senior Fixed Income Analyst	5' 08"
9206	08/02/86	LLB, LLM	Lawyer	5' 06"
9207	28/03/83	ACA, BSc Economics	Chartered Accountant	5' 02"
9208	12/04/78	BDS, MFGDP	Dentist	5' 7½"
9209	01/07/82	MBChB	Doctor	5' 03"
9210	09/07/82	BA(hons)	Civil Service-Central Govt.	5' 00"
9211	19/06/81	MBBS, MRCP	Consultant Paediatrician	5' 06"
9212	27/01/86	BA(hons), MSc Info. Systems	IT Project Manager	5' 08"
9213	08/02/84	Diploma	Civil Servant at FCO	5' 02"
9214	18/02/88	BA(hons), PGCE	Teacher	5' 05"
9215	11/04/78	BSc(hons)	Estate Agent	5' 02"
9216	28/03/86	BA(hons) Business Studies	Net-A-Porter IT Manager	5' 06"
9217	09/03/81	BA Politics, Philosophy, Economics	own consultancy business	5' 07"
9218	23/01/94	Bachelors Economics	Business Analyst	5' 02"
9219	04/09/92	BA(hons) Interior Architecture	Architectural Designer	5' 07"
9220	06/08/93	BSc Optometry	Optometrist	5' 04"
9221	15/04/93	MSc Law & Finance	Banker	5' 6½"
9222	17/04/96	BA(hons) Accounting & Finance	ACA Trainee Accountant	5' 05"
9223	18/01/96	Fd Nuclear Eng. & Chemistry	Health & Safety Advisor	5' 4½"
9224	28/12/94	MSc Mathematics	PhD Uni Leicester	5' 07"
9225	04/12/81	MSc Physics	Research Scientist	5' 09"
9226	30/05/87	LLB(hons)	Management Consultant	5' 04"
9227	16/08/93	LLB LPC	Solicitor	5' 05"
9228	04/08/81	BA, Diploma Teaching, B Ed	Language Teacher	5' 05"
9229	13/03/87	LLB, LLM, BVC	In House Legal Investment Bank	5' 06"

9230	13/03/90	BSc Mathematics	Chartered Accountant	5' 05"
9231	20/08/94	MBBS, BSc(hons)	NHS Doctor	5' 05"
9232	26/07/92	Degree(hons) Economics & Finance	Senior Credit Risk Analyst	5' 04"
9233	27/11/81	BSc Math&Management, ACA	Director	5' 06"
9234	29/06/88	MA history	Project Co-ordinator	5' 06"
9235	09/10/91	BSc, MSc	Mental Health	5' 11"
9236	31/05/86	BSc(hons), MSc Economics	own business-Subway Franchise	5' 3½"
9237	23/03/92	M Pharm	Self Emp-Pharmacist (Locum)	5' 06"
9238	17/05/90	BSc Mathematics	Investment Consultant	5' 04"
9239	27/01/80	BSc Sports Therapy	Self Employed Therapist/Trainer	5' 05"
9240	12/12/89	MSc Economics/Econometrics	Trader Financial Services	5' 06"
9241	12/11/92	BA(hons) Eng. Lit & Creative Writing	Higher Education-Course Coord	5' 03"
9242	09/07/93	M Pharm	Hospital Pharmacist	5' 06"
9243	22/04/85	BA, M Phill	Publishing Manager	5' 05"
9244	23/08/95	LPC LLM	Trainee Solicitor	5' 02"
9245	16/03/90	BA	Data Analyst-Youth Offending	5' 06"
9246	21/02/86	MA, MSc. PhD	Government Research Labs	5' 05"
9247	05/10/89	BA(hons)	PA Admin/Practice Manager	5' 05"
9248	26/03/91	Mc Optom	Optometrist	5' 03"
9249	22/11/86	BSc Economics,MSc	Banking Treasury Support Ass.	5' 04"
9250	16/04/78	BA(hons) Accounts & Finance	Accounts Manager	5' 05"
9251	19/05/90	MSc(hons) Molecular Medicine	Scientist	5' 05"
9252	04/04/93	BA Business Management	Retail Management Manager	5' 01"
9253	19/06/87	ACCA	City Credit Capital	5' 04"
9254	12/08/86	BA(hons) French & Italian	Accenture IT Consulting	5' 07"
9255	21/05/84	CIPD Level 5	HR Assistant	5' 06"


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One Universal Creator God, Realised By the Grace of |The True Guru

FREE ADVICE SERVICES AT THE GURDWARA

SERVICE	Location	Rate	Day	Time
Sikh Assisted Marriage Service	1st Floor Building	Daily	Mon - Sat Sunday	10 am - 1 pm 10 am - 3 pm
Legal Advice	Ground Floor New Annexe	Every Second Thursday of the Month 5 pm - 7 pm - Mob: 07896 492 789		
General Enquiries Office	Ground Floor Main Bldg	Daily	Mon - Sun	10 am - 6 pm
Metropolitan Police	Ground Floor Main Bldg	Weekly	Tuesday	11 am - 12pm
Home Office Immigration Enforcement (formerly UK Border Agency)	Ground Floor New Annexe	Weekly	Tuesday	10 am - 3 pm
Financial Advice & Estate Planning	Ground Floor New Annexe	On Demand		
Disability Network Hounslow	Ground floor New Annexe	Weekly	Friday	2 pm - 4.30 pm
Gurdwara Wellbeing Centre	Ground floor Main Bldg	Weekly	Sunday	11 am - 2 pm
Gurdwara Healthy Walks	Meet Ground Floor Foyer Main Bldg	Weekly	Thursday	10 am - 12 pm
Bereavement Service	On Demand			
Drug & Alcohol Addiction Service	On Demand			

Note: Arrangements are being made to introduce addiction Services at the Gurdwara, which will benefit both congregation and local diverse community.

Useful Contacts/Websites

Free Legal Advice (Sukhneel Kaur Goel)	Tel: 020 8904 6495 Fax: 020 8904 5239 Mobile: 07957 625 918
Free Financial Advice & Estate Planning (Dr. Surjit Singh Bhalla)	Mobile: 07831 679903 Email: surjitbhalla@hotmail.com
Disability Network Hounslow (Ashi Dhillon)	Tel: 020 8577 0956 Gurdwara Surgery Fridays: 11.00 am - 3.30 pm
Football: (Sarabjit Singh Garcha) (Santokh Singh Sandhu)	Tel: 020 8737 5819 Mobile: 07713 505789
Gurdwara Sri Guru Singh Sabha Main Office & Enquiries Sikh Assisted Marriage Service	Tel: 020 8577 2793 Tel: 020 8814 6701
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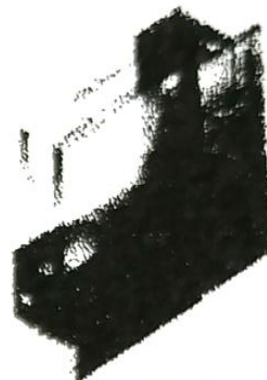
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